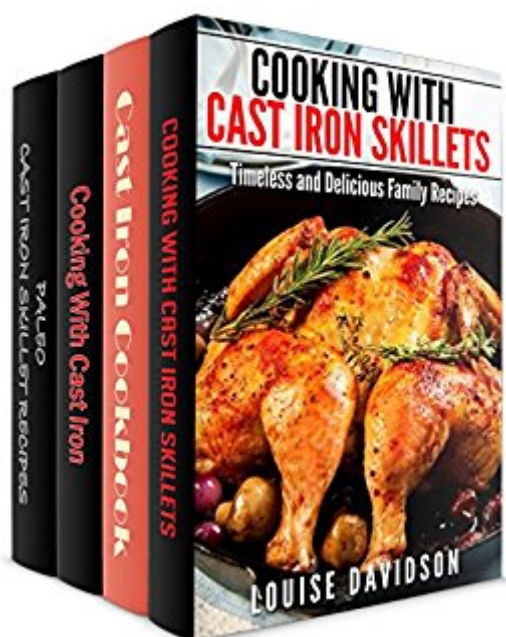


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Cast Iron Cookware Recipes 4 Books In 1 Book Set - Cooking With Cast Iron Skillets (Book 1) Cast Iron Cookbook (Book 2) Cooking With Cast Iron (Book 3) Paleo Cast Iron Skillet Recipes (Book 4)



Synopsis

This 4 Books Set includes over 160 mouth-watering recipes to make using cast iron cookware. Cooking with cast iron cookware is a timeless and delicious family tradition. Everything tastes better when it is cooked in cast iron! We all remember when our mothers or grandmothers used to make those memorable meals using those big, heavy, black skillets. We can still imagine and almost taste those perfectly spiced dishes. Well, cast iron cookware is still around! They are so durable that they are almost always passed down from one generation to the other, as are the recipes they used. This cookbook holds not only fantastic timeless recipes but also instructions on how to cook with your cast iron skillet. You can use it on the stovetop, on the grill, and of course, in the oven. You can even bring it along on your next camping trip and make some delicious corn bread, breakfast skillets, hamburgers, and so much more! Cast iron skillets are the most versatile pans in your kitchen. You can cook any food you can think of in it. And it will taste like nothing else, a real taste of home-cooked meal. Inside this book set, you will find:

- Timeless use of cast iron cooking
- How to season a new cast iron skillet
- The health benefits of using cast iron cookware
- The maintenance of cast iron skillets
- The versatility of using cast iron skillets and cooking techniques

Book 4, Paleo Cast Iron Skillet Recipes is 100% paleo with healthy and delicious cast iron skillet recipes. Here is a sample of the delicious cast iron recipes you will find inside:

- Farm House Breakfast
- Turkey Pot Pie
- Chicken with Asparagus Bacon bundles
- Crispy Coconut Chicken Tenders
- Hearty White Bean and Turkey Soup
- Sage Roasted Chicken with Rustic Vegetables
- Classic Cast Iron Beef Roast
- Red Beef Curry
- Spaghetti and Meatballs
- Deep-Dish Beef Lovers Pizza
- Creamy Basil Flank Steak
- Grilled Pork Quesadillas
- Easy Sweet Pea and Pork Casserole
- Cherry Glazed Pork Chops and Green Beans
- Lamb and Butternut Squash
- Pecan Fried Catfish
- Shrimp and Sausage Gumbo
- Dill Butter Salmon and Rice
- Sweet and Spicy Scallops
- Pasta and Green Torte
- Zucca Noodles
- Cauliflower and Sweet Potato Curry
- Mediterranean Quiche
- Zesty Eggplant Parmesan
- Chocolate Chip Dutch Baby
- Apple Caramel Cake
- Lemon Poppy Seed Dump Cake

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This guide is absolutely amazing. I know the power of the pressure cooker in making food quick and easy. However, I have always assumed that the flavor is just mushy and tasteless. Well, that is what I felt until I tried the amazing recipes in this book. I love the fact that this book has pictures of the different recipes. Even the kids love the recipes from this book. They want to help prepare the meals because they are so easy. It has become a new family favorite activity around the pressure cooking making food together. This was an amazing book on multiple levels!

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This is an excellent collection of recipes.

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